





# Diagnostic approaches to malaria in Zambia, 2009-2014

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## Abstract

Malaria is an important health burden in Zambia with proper diagnosis remaining as one of the biggest challenges. The need for reliable diagnostics is being addressed through the introduction of rapid diagnostic tests (RDTs). However, without sufficient laboratory amenities in many parts of the country, diagnosis often still relies on non-specific, clinical symptoms. In this study, geographical information systems were used to both visualize and analyze the spatial distribution and the risk factors related to the diagnosis of malaria. The monthly reported, district-level number of malaria cases from January 2009 to December 2014 were collected from the National Malaria Control Center (NMCC). Spatial statistics were used to reveal cluster tendencies that were subsequently linked to possible risk factors, using a non-spatial regression model. Significant, spatio-temporal clusters of

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This article is distributed under the terms of the Creative Commons Attribution Noncommercial License (by-nc 3.0) which permits any noncommercial use, distribution, and reproduction in any medium, provided the original author(s) and source are credited. malaria were spotted while the introduction of RDTs made the number of clinically diagnosed malaria cases decrease by 33% from 2009 to 2014. The limited access to road network(s) was found to be associated with higher levels of malaria, which can be traced by the expansion of health promotion interventions by the NMCC, indicating enhanced diagnostic capability. The capacity of health facilities has been strengthened with the increased availability of proper diagnostic tools and through retraining of community health workers. To further enhance spatial decision support systems, a multifaceted approach is required to ensure mobilization and availability of human, infrastructural and technological resources. Surveillance based on standardized geospatial or other analytical methods should be used by program managers to design, target, monitor and assess the spatio-temporal dynamics of malaria diagnostic resources country-wide.

## Introduction

Zambia has one of the highest burdens of malaria in the world (WHO, 2013). Resurgence of this disease has been confirmed in many parts of the country with millions of cases reported each year by the Zambian National Malaria Control Center (NMCC) (Kamuliwo *et al.*, 2013). In the last five years, international cooperating partners, together with the Government of Zambia, have invested 8 USD per capita of the inhabitants in the country to control malaria (Haque *et al.*, 2014). With this investment, a large scale-up of interventions for malaria control has been implemented country-wide.

Without parasitological confirmation, the diagnosis of malaria relies on non-specific, clinical symptoms, mainly fever. The Ministry of Health has adopted artemisinin-based combination therapy (ACTs) for patients with malaria infection (NMCC, 2014). A revision of the treatment regimen for both uncomplicated and complicated malaria was released in 2014, adding artemether-lumefantrine (AL) to ACT as first line of treatment (NMCC, 2014) to be given within 24 hours of onset of symptoms. However, the use of rapid diagnostic tests (RDTs) was first initiated as a pilot project in some districts in 2005 to 2006 (Bharti *et al.*, 2008) and was scaled up for country-wide use in 2008 (Keating *et al.*, 2009). In 2009, Zambia began separate reporting for clinical and parasitological diagnosis. By 2012, approximately 50% of the reported cases were confirmed by either microscopy or by RDT (Kamuliwo *et al.*, 2013).





According to the Guidelines on the Diagnoses and Treatment of Malaria in Zambia (NMCC, 2014), the Ministry of Health recommends laboratory-confirmed diagnosis of malaria, where capacity exists, prior to administering treatment. The guidelines further recommend that treatment, on the sole basis of clinical suspicion, should only be considered when a parasitological diagnosis is not accessible. The results of parasitological diagnosis should be available within a short time (less than two hours) of the patient presenting at a health facility. In case of delayed, or in the absence of, parasitological diagnosis, patients with suspected severe malaria, and other high-risk groups, should be treated immediately on clinical grounds.

President's Malaria Initiative (PMI) support has resulted in significant progress in training community health workers (CHWs) on the use of RDTs (Mukonka et al., 2014). Positive RDT rates were the highest among febrile cases reporting to CHWs for treatment (Hamainza et al., 2014). Introduction of RDT and ACT consumption led to a large decline in reported malaria cases in parts of Zambia (Masaninga et al., 2012; Eisele et al., 2013). Rapid diagnostic test was used to diagnose malaria for 98.3% cases in some clinics (Eisele et al., 2013). A higher proportion of laboratory tests confirmed by microscopy (67.4%), as opposed to clinically diagnosed malaria, was reported in one district in Zambia (Eisele et al., 2013) and it is felt that the use of RDTs in the diagnosis of malaria will affect national (and global) malaria control strategies. Geospatial technologies have created new opportunities for public health administrators to enhance planning, monitoring, analysis and management of health system. The aim of this study was to investigate the progress of malaria diagnosis, spatial distribution of the absolute number of cases diagnosed clinically as well as the determinants and underlying risk factors.

## **Materials and Methods**

#### Study area and population

Zambia, located in the Southern African region with a population of 14.6 million, is endemic for malaria throughout the country. There is moderate-to-high transmission in all districts, which is generally more pronounced from November to April (Kamuliwo *et al.*, 2013). However, there are regional epidemiological variations with the highest annual incidence of malaria in the northeast (Luapula Province), from where there is a decreasing gradient in malaria transmission intensity towards the Southwest. Specifically, Lusaka City and the area around the city stands out as having the lowest incidence. The majority of Zambia's population (60.5%) live in the rural areas, where access to health-care treatment services remains a challenge. It is currently estimated that in urban areas, approximately 99% of households are situated within five km of a health facility, compared to 50% in the rural areas (PMI, 2014).

Population (demographic) and housing (number of houses in each district) data at the district level were collected from the Central Statistical Office for 2000 and 2010 and were projected for 2009, 2011, 2012, 2013 and 2014 using an exponential population growth model (Kamuliwo *et al.*, 2013).

Zambia has many lakes and rivers and an extensive road network covering most of the country, while its railroad network connects the southern part of the country with the northern part (Figure 1). The spatial data includes the district boundaries as well as the geo-coded locations of Zambia's 1426 health facilities were collected from the Ministry of Environment and Natural Resources department, Zambia. The health facilities are distributed across the country to ensure both an accurate and early malaria diagnosis, at least at the district level. Monthly reported, district-level, diagnostic data of malaria incidence from January 2009 to December 2014 were collected from the NMCC. These reports show which cases were laboratory confirmed, and which were only based on clinical symptoms. Diagnosis was carried out at the community level by CHWs at health facilities, private clinics or health facilities run by non-government organizations (NGOs) or faith-based organizations. The study looked at all cases of malaria reported in the health facilities categorizing the data into i) clinically diagnosed malaria based on fever and other clinical signs; and ii) confirmed malaria diagnosis, either through microscopy or by RDT using the Malaria Ag P.f/Pan test (Standard Diagnostics, Yongin-si, Republic of Korea), a test for the *Plasmodium falciparum* histidine-rich protein II antigen and the *Plasmodium* lactate dehydrogenase constituent (Bharti *et al.*, 2008; Keating *et al.* 2009; Kamuliwo *et al.*, 2013).

To ensure accurate and early malaria diagnosis at least at the district level, out of the 1426 total health facilities available in the country, only 417 (29%) have microscopy capacity. The public health facilities are responsible for supplying CHWs in their catchment areas with RDT tests (available at all such centres), which are mainly used by CHWs at the community level and where laboratory diagnosis is not available. All health facilities with microscopy capacity also use RDT due to constraints with respect to human resources for microscopy. CHWs, health centres, hospitals and other health facilities run by NGOs and private organizations, they regularly submit reports (in paper form) to the District Health Office (DHO). The DHOs further submit district-level data to provincial health offices, where they are analysed and results returned to the DHO with a report sent to the NMCC.

#### Spatial and statistical analysis

Mean centres (centroids) were created for each district using ArcGIS software version 10.1 (Esri, Redlands, CA, USA). Districts were categorized whether or not they were in close proximity to water bodies (bordering on lakes/rivers), and whether or not they were easily accessible by roads or railroads area. Distances were calculated from the centroid centre to nearest road/rail road station and categorized as follows ( $\leq 2$  km=good access; >2 km=limited access) because sick people are more likely to present at services if within 2 km (Haque *et al.* 2010a).

GeoDa software (Anselin *et al.*, 2006) was used to detect spatial autocorrelation. Global spatial autocorrelation, calculated by Moran's *I* (Moran, 1950), was used to explore the overall clustering of annual malaria cases from 2009 to 2014 in Zambia. This index varies between -1 and +1, with 0 indicating spatially random distribution, while negative values mean dispersed distributions as opposed to positive values that signify clustered distributions.

Spatial smoothing can be used to reduce random variations associated with small populations and enables identification of spatial clusters of clinical cases that may not be apparent from direct observation of the raw data (Luc, 2005). Using this approach, districts with small populations at risk tend to have their observed rates adjusted more heavily towards the neighbourhood average than for more densely populated districts. The annual, average rate of cases diagnosed clinically from 2009-2014 was spatially smoothed by employing an empirical Bayes spatial smoothing procedure (Zhang *et al.*, 2014) using GeoDa software, version 0.9.5-i (Anselin *et al.*, 2006).

Monthly clinical cases and the aggregated annual population at the district level for 2009-2014 were linked with district shape files. SaTScan version 9.3 (Kulldorff, 2014) was used to detect spatio-temporal clusters of clinical malaria cases. For this analysis, we used retrospective space-time (RST) analysis scanning for clusters with high





rates using the space-time permutation (SPT) model to ensure adequate power to define the clusters (Haque *et al.*, 2013).

Comparative characteristics of high-risk and low-risk districts with respect to malaria, the population density of each district, communication possibility by road or rail, number of health facilities and water body variables were considered risk factors. Descriptive and negative binomial regression analyses were done to understand seasonality and the risk factors. Statistical analyses were performed with STATA, version 11 (StataCorp LP, College Station, TX, USA).

#### Results

Zambia reported 6.13 million malaria cases in 2014. The proportion of clinically diagnosed malaria cases decreased from 73% in 2009 to 33% in 2014 (Figure 2A). Although malaria transmission continued throughout the year, most clinically diagnosed cases were reported from February to April (Figure 2B). Looking at each year individually, the total number of malaria cases (both clinically diagnosed and laboratory confirmed ones) increased from November until end of the year. This trend continued until March of the following year, except in 2012, 2013 and 2014 (Figure 2B).

#### **Spatial clusters**

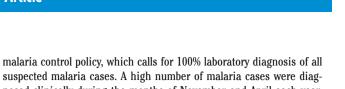
Each year, spatial clusters of malaria cases were reported, with 31 statistically significant clusters were observed (Table 1). The strongest clusters were reported in 2014 (Figure 3). Only one district in the southern part of Zambia reported less than 1% of all malaria diagnoses as clinically diagnosed cases, while five districts reported less than 10%. In contrast, clinically diagnosed cases dominated in seven districts (>90%) (Figure 4). Almost 50% of districts reported more than 10-50% clinically diagnosed malaria cases. Districts having limited access to the road network were associated with higher proportion of clinically diagnosed malaria cases (Table 2).

### Discussion

Zambia is making progress towards proper and accurate diagnosis of malaria based on parasitological diagnosis. The number of malaria cases only diagnosed by clinical signs has dropped in Zambia over the last few years. Training and/or re-training of CHWs and the increased use of RDTs have contributed to the reduction of cases with the diagnosis only based on clinical symptoms. However, the country needs to improve malaria diagnosis further and reduce the number of diagnoses based on clinical signs from 49 to 0% in line with the Zambian national

#### Table 1. Spatial clusters of clinically diagnosed malaria cases in Zambia 2009-2014.

Year	Cluster	Number of cases	Number of expected cases	Observed/expected ratio	Relative risk	Р
2009	1	78,011	25,072	3.10	3.18	< 0.001
	2	16,993	3599	4.72	4.77	< 0.001
	3	94,750	38,660	2.45	2.53	< 0.001
	4	109,943	38,463	3.25	3.35	< 0.001
2010	1	182,491	56,442	3.23	3.39	< 0.001
	2	99,414	20,675	4.81	4.96	< 0.001
	3	148,007	48,684	3.04	3.18	< 0.001
	4	40,097	8544	4.69	4.77	< 0.001
	5	55,611	17,411	3.19	3.27	< 0.001
2011	1	176,812	60,607	2.92	3.08	< 0.001
	2	120,042	39,678	3.03	3.16	< 0.001
	3	117,693	35,491	3.32	3.49	< 0.001
	4	46,866	12,553	3.73	3.83	< 0.001
	5	35,554	7852	4.53	4.63	< 0.001
2012	1	122,600	38,870	3.15	3.29	< 0.001
	2	117,515	37,844	3.11	3.24	< 0.001
	3	115,549	45,428	2.54	2.67	< 0.001
	4	75,620	23,684	3.19	3.31	< 0.001
	5	84,115	30,921	2.72	2.85	< 0.001
	6	39,119	11,260	3.47	3.57	< 0.001
2013	1	158,937	52,757	3.01	3.15	< 0.001
	2	82,647	15,640	5.28	5.44	< 0.001
	3	75,826	26,787	2.83	2.90	< 0.001
	4	102,243	41,924	2.44	2.52	< 0.001
	5	71,395	26,778	2.67	2.73	< 0.001
	6	39,380	11,289	3.49	3.55	< 0.001
2014	1	282,619	66,792	4.23	4.75	< 0.001
	2	1,265,891	851,934	1.49	2.74	< 0.001
	3	198,012	57,396	3.45	5.10	< 0.001
	4	129,676	58,244	2.23	3.19	< 0.001
	5	50,520	24,016	2.10	2.59	< 0.001



suspected malaria cases. A high number of malaria cases were diagnosed clinically during the months of November and April each year. The NMCC in Zambia needs to thoroughly investigate and ensure that the supply of RDT in all endemic malaria zones does not become interrupted. The management of the supply chain requires strengthening to avoid stock-out at the health facility level. Incorporating geospatial methods will help to supplement the design, targeting, monitoring, assessment of malaria diagnosis and prevalence rates throughout the country. This can enhance monitoring by enabling more accurate and timely resource allocation.

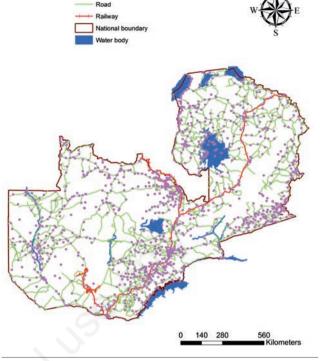
Some health facilities delay ordering and restocking, a situation that leads to sporadic empty shelves even with RDTs being available at the central medical stores. Skills of personnel in charge of ordering RDTs should be enhanced to match the demand of the testing services. The introduction of provincial hubs by the Ministry of Health is also expected to reduce the time spent transporting medical supplies, which include malaria-related commodities like RDTs. Provincial hubs will also need to cut costs, improve the supply chain management and ensure that RDTs are available at all times. The demand for diagnostic services has improved partly due to health promotion and education efforts that emphasize the importance of testing before treatment.

All districts in Zambia, except one, reported more than 10% clinically diagnosed malaria. This situation requires the urgent attention of all stakeholders, especially policy makers, program implementers and DHOs. One reason for finding significant clusters of such cases could have been due to a shortage, or lack of, timely supply of diagnostic kits. However, this needs further investigation to find out the real problem. All districts, reporting more than 50% cases clinically diagnosed malaria need urgent attention as they represent a major obstacle to ensuring universal malaria diagnosis and treatment in Zambia. It is not clear why these districts still have more than 90% clinically diagnosed cases after extended use of RDTs was rolled out in 2005-2006. A study has shown that appropriately trained and supervised CHWs can use RDTs, both safely and accurately, in community practice in Zambia (Counihan *et al.*, 2012).

Table 2. Determinants	s of clinical	malaria	cases in	Zambia.
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	Clinical cases PRR (95% CI)
Year	
2009	1
2010	1.35 (0.90-2.03)
2011	1.09 (0.73-1.63)
2012	1.02 (0.68-1.53)
2013	1.30 (0.85-1.95)
2014	0.98 (0.65-1.48)
Density of population	1.00 (0.99-1.00)
Number of health facilities in each district	t 0.99 (0.98-1.01)
Access to railroad in each district	
No	1
Yes	0.95 (0.71-1.28)
Proximity to water body in each district	
No	1
Yes	0.91 (0.68-1.21)
Access to formal road in each district	
Good access	1
Limited access	1.38 (1.07-1.77)
PRR prevalence rate ratio: CL confidence interval	

PRR, prevalence rate ratio; CI, confidence interval.



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Figure 1. Map of health facilities, roads, railway lines and water bodies in Zambia.

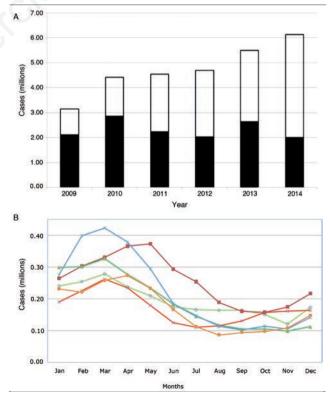


Figure 2. A) Trends in malaria diagnostics in Zambia 2009 to 2014 (black bars indicate clinically diagnosed cases and open bars cases confirmed by microscopy or rapid diagnostic test); B) clinical cases (light green, magenta, deep green, red, blue and dark yellow color represents 2009, 2010, 2011, 2012, 2013 and 2014 respectively).





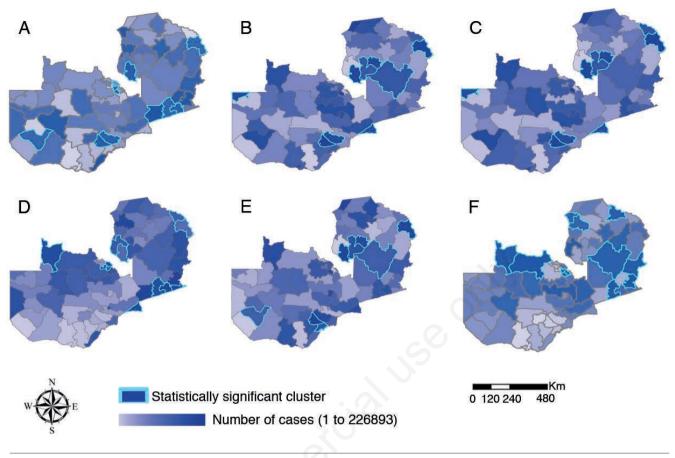


Figure 3. Spatial clusters of clinical malaria cases in Zambia from 2009 (A) to 2014 (F).

Further investigation should be carried out targeting health facilities that have been reporting higher numbers of clinically diagnosed malaria cases. This will contribute toward successful malaria control. The capacity of health facilities should be further strengthened through training and retraining of CHWs and expansion of health promotion interventions including: community mobilization and empowerment, such as utilization of electronic media (television and radio including community radio stations) and printed media (newspapers, leaflets, posters) to create awareness. In addition, both timely and accurate diagnosis as well as the benefits of testing before commencement of malaria treatment should be emphasized. Regularly updated malaria risk maps (Haque et al., 2010b; Reid et al., 2010, 2012; Haque et al., 2011; Wang et al., 2014) can help the NMCC to monitor progress and mobilize resources. Distance, population density, treatment seeking behavior and other health facilities should be considered (Ahmed et al., 2009; Haque et al., 2012; Simon et al., 2013).

Accessibility (road network) proved to be a significant risk factor in this study for clinical diagnosis. Distance is an important factor in health seeking behavior (Haque *et al.*, 2010a). It was observed that higher clinical malaria cases were partly associated with remoteness. Few districts have limited access to road (Figure 1). Moreover, the timely supply of diagnostic RDT kits in these districts might also be a key contributor to this situation and may ensure both accurate and early diagnosis. The trend of diagnosis among clinicians should be investigated in the eight districts that reported more than 90% clinically diagnosed cases. This study has several limitations. Limited number of ( $\sim$ 2-5%) health facilities may not be active or may not have submitted reports. It should be noted that, at the time of analysis, the data (number of health facilities and road network) used was for 2010, and the situation may have changed after this time.

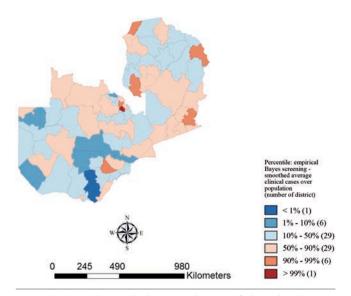


Figure 4. Spatial smoothed percentile map of clinical malaria in Zambia 2009-2014 based on empirical Bayesian analysis.





## Conclusions

Zambia has succeeded in reducing the number of clinically diagnosed as opposed to laboratory confirmed malaria. This study identified that limited access to a road network was associated with higher reporting of clinical malaria cases. The underlying reason for this observation should be investigated in relation to identified spatio-temporal clusters, with special reference to the specific months where significant numbers of malaria were reported. The NMCC in Zambia should ensure, supply and distribute diagnostic kits in advance, before the peak malaria transmission period to all remote areas of the country. In the case of malaria diagnosis, the country should promote behavior change communication using both social and electronic media. By incorporating other readily available geospatial or other analytical methods that will allow spatial decision support systems, both resources and stock monitoring will be strengthened. This can enhance surveillance by enabling accurate and timely resource allocation.

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